

# August 2017 - Sandra Smith

*Congratulations to our August Volunteer of the Month, Sandra Smith! Sandra has been volunteering with Atlanta Track Club for the past four years. Sandra appreciates the smiles and friendships at Atlanta Track Club events and enjoys being a part of a team. In fact, her motto is T. E. A. M. : Together Everyone Achieves More!*

## **1. Do you remember your first time volunteering with Atlanta Track Club? If so, what event was it and what brought you back again?**

My first volunteer assignment was race number pick up at the America's Mart for the 2013 Thanksgiving Day Half Marathon. I found the Atlanta Track Club while trying to help a family friend, who was an elementary school student, search for places to fulfill some community service hours. Even though this student went on to middle school and eventually moved out of state, I continued to volunteer with Atlanta Track Club from that day forward. I liked the people, the smiles, the personalities, and it was a great opportunity for me to lend a helping hand and offer my service.

## **2. What is your favorite Atlanta Track Club event? Why?**

I like all the events because everything is so well planned and organized, but my favorite is the 50m dash at the Kilometer Kids Fun Runs. It is just a joy to see so many little ones very excited about being a part of such a wonderful running program starting at an early age. Each child looks like great athletes winning the Olympics once they receive their medals. The parents are so amazing because they are just as excited as the children.



## **3. What is one of your best memories from volunteering?**

The best memory from volunteering involves receiving a warm and kind-hearted "thank you" from the staff and race/walk participants. What makes volunteering with Atlanta Track Club special is that the Club always makes sure volunteers are appreciated and well taken care of.

## **4. What is your favorite thing about volunteering with Atlanta Track Club?**

My favorite thing about volunteering with Atlanta Track Club is that I am always around courteous people and smiling faces. No matter what assignment I am given, everyone gets along with each other and has great attitudes. I continue to return because I enjoy being a volunteer with such a wonderful, grade A+ organization.

**5. Do you have a favorite volunteer assignment?**

As a volunteer, I enjoy the All Comers Track & Field Meets and Kilometer Kids Fun Runs. It is just so amazing to see so many children of all ages participate in a running program. I really love children. At All Comers there are continuous events available for everyone, from the young to the old. No one ever gets bored!

**6. What other organizations do you volunteer for?**

I volunteer for the Children Restoration Network, WSBtv Stuff the Bus, Susan B. Komen Breast Cancer Walk, Winship 5K at Emory, Hot Chocolate 15K & 5K, Light the Night, Med Share, Kidney Walk, and Atlanta Dogwood Festival.

**7. How many Atlanta Track Club events do you typically volunteer for during the year?**

I usually volunteer at 10 or more events throughout the year with Atlanta Track Club whenever time permits, but would like to increase that number.

**8. What do you do for a living?**

I am a 30-year employee of Emory University Hospital. I started as a pharmacy department payroll clerk in September 1986. I moved to medical transcription in July 1987 and became a laboratory clerk in January 2014. Both are in the pathology department.

**9. Tell us something interesting about yourself – an interesting fact or a story that will help us get to know you...**

I want to continue to be a giving and helping person. I may not talk much, but I truly enjoy the fellowship, the love, the friendship, and the smiles at all Atlanta Track Club events. Most of all, I like being part of an amazing team. TEAM is also my motto; Together Everyone Achieves More.