



RACE SCHEDULE SEPTEMBER 23-24, 2022

Schedule is subject to change.

FRIDAY

Start Time	Race Name	Time Limit	Team Limit	Entry Limit
6:45 PM	Youth Boys - 3K	25:00	40	Unlimited
7:05 PM	Youth Girls - 3K	25:00	40	Unlimited
7:25 PM	Freshman Championship - Boys	35:00	30	Unlimited
7:50 PM	Freshman Championship - Girls	40:00	30	Unlimited
8:20 PM	JV Championship Boys	25:00	25	Unlimited
8:35 PM	JV Championship Girls	30:00	25	Unlimited
9:05 PM	Championship Boys	19:30	25	7
9:25 PM	Championship Girls	25:00	25	7

SATURDAY

Start Time	Race Name	Time Limit	Team Limit	Entry Limit
7:40 AM	Varsity Boys A	22:30	30	10
7:55 AM	Varsity Girls A	30:00	30	10
8:15 AM	Varsity Boys B	22:30	30	10
8:30 AM	Varsity Girls B	30:00	30	10
8:55 AM	JV Girls	40:00	30	Unlimited
9:20 AM	JV Boys A	40:00	50	Unlimited
9:50 AM	JV Boys B	40:00	30	Unlimited

COMMENTS:

- Varsity & Championship races will be seeded based on current and past season performances
- JV races match their Varsity counterpart
- All Freshman are eligible to compete in the Freshman Championship Race
- JV Championship Races are not open to freshmen
- Youth races are for ages 7-14
- All races are 5K unless otherwise noted
- · All JV Girls on Saturday will be combined

