

**Volunteer of the month May Questionnaire - Sam Theriault**



1. How long have you been volunteering with Atlanta Track Club?

I have been volunteering with Atlanta Track Club for a little over a year now.

2. Do you remember your first time volunteering with Atlanta Track Club? If so, what event was it and what brought you back again?

Resolution Run 5k in 2023. I enjoy seeing everyone giving their best efforts in Atlanta Track Club races!

3. What is your favorite Atlanta Track Club event? Why?

Peachtree Road Race, hands down. I love the energy that the runners, spectators, and volunteers give in the biggest 10k road race in the world!

4. What is one of your best memories from volunteering at any race?

Volunteering at the Singleton Relay's was a blast! Seeing the culmination of a full year of running in the Grand Prix series and celebrating at the end of the year with all the hard work is a great way to end the season.

5. What is your favorite thing about volunteering with Atlanta Track Club? What brings you back?

The people! The Atlanta Track Club community is always very fun and exciting to work with, even during the very early morning events!

6. Do you have a favorite volunteer assignment? If so, explain.

Runner check-in is my favorite volunteer assignment! I enjoy seeing runners first thing in the morning and help give them good encouragement for their upcoming race!

7. Do you do any volunteering in the community beyond Atlanta Track Club?

8. If so, what other organizations do you volunteer for and why?

I periodically volunteer for other local road races in the Atlanta area, as well. I enjoy giving back to the running community!

9. How many Atlanta Track Club events do you typically volunteer at during the year? How many events outside of Atlanta Track Club?

I volunteer for 5 Atlanta Track Club events throughout the year. I'll do 1 or 2 additional races per year that are not typically Atlanta Track Club events with Run Social (s/o Tess and Natalie!)

10. What do you do for a living? Do you work? Are you retired? Professional volunteer?

I am a Mechanical Engineer! I help keep the lights on throughout the US and will help build and repair power plants if duty calls!

11. Do you have any advice or words of wisdom for any new Atlanta Track Club volunteers?

Get out of your comfort zone and try something new! There are many different volunteer opportunities with the Atlanta Track Club and all of them are a blast.

12. Tell us something interesting about yourself – an interesting fact or story that will help us get to know you...

I enjoy traveling! I travel for work quite frequently and it's brought me to many unique places throughout the US and world. I've been to 6 out of the 7 continents. I hope to make it down to Antarctica someday soon to complete visiting all the continents!