



EMORY | SCHOOL OF MEDICINE

# CARDIAC RESEARCH STUDY

## Masters Endurance Athlete Participants Needed

### WE ARE LOOKING FOR:

- Men and women athletes
- 40-65 years old
- Engaged in high levels of exercise (includes prior endurance competitions and current high volume of exercise per week)
- No prior cardiac history and not taking cardiac medications (including medication for blood pressure or cholesterol)

### WHAT TO EXPECT

## STUDY INCLUDES:

- One initial phone interview
- Three data collection days (in-person):
  - Questionnaires
  - Basic blood tests
  - Non-invasive cardiovascular testing

### IF YOU ARE INTERESTED

Please reach out to Mekensie Jackson on behalf of study Principal Investigator, Dr. Jonathan Kim (Director Emory Sports Cardiology).



[mekensie.jackson@emory.edu](mailto:mekensie.jackson@emory.edu)

**WE LOOK FORWARD TO HEARING FROM YOU!**

*Scan the QR code below and fill out a short form to provide the study team with basic info and your contact information*

The Atlanta Track Club and Emory Sports Cardiology continue to be involved in research promoting the cardiovascular health in Masters athletes. We have worked together since 2015 on cardiac research studies.



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