



Atlanta Track Club wants every member of the family to feel welcome at our events including those family members in strollers/baby joggers as well as your four-legged friends on leashes. Participants pushing strollers/baby joggers and those with dogs will start their race in a dedicated wave for dogs and strollers. To ensure the safety and enjoyment of all participants, we ask all participants pushing a young one in a stroller/baby jogger or holding a leash adhere to the following rules and recommendations.

#### **Strollers:**

- Participants must start in their designated wave
- Participants who are pushing strollers/baby joggers should refrain from weaving in and out of the traffic of fellow walkers and runners. It is understood that if you elect to push a young one in a stroller/baby jogger, then you are not trying to complete the 5k in a personal best time. You will move down the course slowly and safely
- Please keep a safe distance behind other runners and walkers
- Please retrieve anything that falls or is tossed out of the stroller onto the race course
- The use of running-specific jog strollers is highly recommended due to the length of the race and potential bumps and potholes on the course
- Participants within the stroller are not eligible for race shirts or medals.

#### **Dogs:**

- Participants must start in their designated wave
- Participants are limited to two dogs per person
- Dogs must be on a static length leash no longer than six feet (not retractable at all times before, during and after the race)
- Dogs six months and older must be current on rabies vaccinations
- Dogs may not participate if they are in heat
- Please only bring your dog if your dog is well-behaved and non-aggressive with people and other dogs
- You must clean up after your dog. Prepare by bringing your own bags to dispose of their waste.
- There will not be a veterinarian on site, so please only bring your dog if they are in adequate condition to complete 3.1 miles of running or walking
- Race organizers may deny entry into the start corral to any dog displaying aggressive behavior
- By participating in this event with your dog you are agreeing that you take personal responsibility for your dog and assumes all responsibility for any legal claims that may arise from the actions of your dog.