

Volunteer of the Month – March: Cynthia Starke-Jones

For 15 years, Cynthia Starke-Jones has been a dedicated volunteer with Atlanta Track Club. Her journey began with the Peachtree Road Race, and over the years, it has become her favorite event—especially when volunteering alongside her sisters. The experience has been a meaningful way for them to bond while giving back to the running and walking community.



CYNTHIA STARKE-JONES
March 2025

Cynthia cherishes the connections she has made while volunteering, from meeting new people to unexpectedly running into old friends and colleagues. What keeps her coming back year after year is the unwavering appreciation shown by the runners, walkers, and Atlanta Track Club staff. The simple act of saying “thank you” means the world to her and reinforces the welcoming and inclusive spirit of the organization.

While she contributes her time to many areas within the Atlanta Track Club, Cynthia’s favorite role is cheering and motivating participants. Beyond her work with the Club, Cynthia is deeply involved in other community service efforts, volunteering with MUST

Ministries, Parent Teacher Association, United Way of Greater Atlanta, Little Free Library, Atlanta Science Festival, the College Football National Championship, and Peach Bowl Inc.

“I love Atlanta, and I love being part of the social calendar in and around the city by serving during events,” Cynthia shares. “I enjoy being around exciting, fun, diverse, and friendly people.”

Throughout the year, Cynthia participates in five Atlanta Track Club events and extends her service to 10 additional events across the community. As a retired teacher, she continues to give back based on her availability, always finding joy in serving others. Her advice to new volunteers? “Be kind and have fun!”

A fun fact about Cynthia: After years of supporting races from the sidelines, she decided to join the action! Five years ago, she and her sister, Gwen, became participants themselves, walking in two races in 2021—the Atlanta Marathon and the Northside Women’s 5K.

Cynthia’s passion for service and her infectious positivity make her a valued member of the Atlanta Track Club family. We are grateful for her years of dedication and the joy she brings to every event. Thank you, Cynthia, for all that you do!