

December 2016 - Dr. Robert Albin

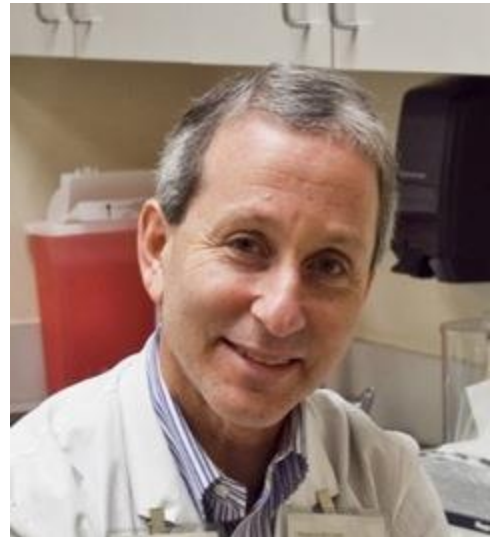
*Congratulations to Dr. Robert Albin, our December Volunteer of the Month! Dr. Albin has been providing world-class medical care to our participants in our medical tent for decades. He's been involved with the AJC Peachtree Road Race, PNC Atlanta 10 Miler & 5K and Thanksgiving Day Half Marathon & 5K. As Dr. Albin retires this year from his volunteer assignments with Atlanta Track Club, we extend a very warm, heartfelt **thank you** for his years of service and friendship. It's been such a pleasure working with you for all these years!*

1. How long have you been volunteering with Atlanta Track Club?

Not exactly certain of the date. Early 1990s - close to 25 years ago.

2. Do you remember your first time volunteering with Atlanta Track Club?

First event was the AJC Peachtree Road Race. I was really nervous about how I was going to provide urgent medical care in the middle of a park! Could I handle everything that would come my way? Got into the "flow" of the race quickly and had a great time. The smiles/handshakes/hugs/back slaps/thank yous from appreciative runners brought and brings me back.



3. What is your favorite Atlanta Track Club event?

I enjoy them all for different reasons. The spectacle which is the Peachtree - the costumes, the size of the event. The PNC Atlanta 10 Miler & 5K offers a jog through different neighborhoods and the challenge of providing care along a longer course. The Thanksgiving Day Half Marathon & 5K is a celebration of our runners, families and America. Everyone is in a good mood.

4. What is one of your best memories from volunteering at any race?

Many of my memories are weather related - as those days were my greatest challenge! Lightning. Cold. Wind. All pose unique issues for me. Everyone saying "thanks for being here" is my favorite memory, always.

5. What is your favorite thing about volunteering with Atlanta Track Club?

My colleagues and the other volunteers. All selfless. Giving willingly of their time. The Atlanta Track Club staff - always going the extra mile and SO supportive of their volunteers.

6. Do you do any volunteering in the community beyond Atlanta Track Club?

Previously was volunteer physician for Falcons, Thrashers and Olympics.

7. Tell us something interesting about yourself – an interesting fact or story that will help us get to know you...

I have a fraternal twin sister. I was the assistant medical director for the Olympic Stadium during 1996 Olympics. On weekends, I go to our log cabin in North Georgia, and hike, chop wood and enjoy a glass of wine. We have three children, and counting our children's spouses, have three other physicians and two nurses in the family! I enjoy staying in shape with cycling and spin classes.

What others are saying about Dr. Albin....

"It has given me great confidence and comfort as race director to know that Dr. Albin has led our medical branch each Thanksgiving Day. Likewise, his presence in our medical tents at the PNC Atlanta 10 Miler and AJC Peachtree Road Race has allowed us to provide consistent, world-class medical care to participants and volunteers at our start lines, finishes lines and on our courses for more than two decades." - Rich Kenah, Executive Director, Atlanta Track Club

"I have had the honor of working with Dr. Albin for 20 years and cannot imagine spending a Fourth of July or Thanksgiving Day without visiting him in the medical tent. His calm demeanor and ability to assemble a top-notch volunteer medical team never ceases to amaze me. Thanks Dr. Albin for making Atlanta Track Club events special!" - Lisa Tanner, Director of Events, Atlanta Track Club

"The best word to describe Dr. Albin in the medical tent is "calming". It has been a privilege and honor to work with him all these years. My favorite memory happened

at the race last week (Thanksgiving Day) when I saw a runner who had to go to the hospital at the Atlanta 10 Miler come up to Bob to say thank you and give him an update. His presence will be missed." - Dr. Charles Peebles, Atlanta Foot and Ankle, and a staple in our medical tents!

"A very patient and gentle man. He always had a positive demeanor and was willing to go out into the field (or where ever needed to assist a downed runner). Just like Dr. Joe Wilson, Dr. Albin is a positive representative for the Medical side of the Atlanta Track Club and he will be missed. Thanks Dr. Bob." - Phillip Patterson, Atlanta Track Club Medical Team