



EASTERN TRACK LEAGUE

www.eastertrackleague.com [coming soon]

WHAT?

The Eastern Track League is an exciting new domestic race series geared towards middle distance runners targeting the 2019 USATF Outdoor National Championships and IAAF World Championships qualifying standards.

WHY?

Collaborative conversations between the District Track Club, Furman Elite, Hoka NJ NY Track Club, Nashville Track Club, and Atlanta Track Club resulted in agreement that a domestic track league would negate the need to travel to Europe to race during a part of the calendar where, up until now, there has been a dearth of racing opportunities in the U.S.

WHERE AND WHEN?

Date	Host	Scored Events	Meet Director	Prize \$
Mon May 13	Swarthmore College(PA)	1500	pcarrol2@swarthmore.edu	No
Friday May 17	Marietta HS(GA)	800	abegley@atlantatrackclub.org	No
Fri-Sat May 31-June 1	Vanderbilt Univ.(Tn)	800, 1500, 3000SC, 5k	dave@tnrunning.org	Yes
Thu June 13	Concord HS(MA)	800, 1500, 5k	matthew.sonnenfeldt@gmail.com	Yes
Sun June 30	Princeton Univ.(NJ)	800, 1500, 3000SC	jasonv@princeton.edu	No
Sat July 13 (Series Final)	Paul Dunbar HS(DC)	800, 1500, 3000SC	brian@dcroadrunners.org	Yes

SEEDING

Seeding will be left to the discretion of the meet director with the goal of featuring balanced sections to maximize the number of athletes with an opportunity to run fast. Seeding procedures for each meet will be published online by April 29th, two weeks before the first event at Swarthmore.

SERIES FINAL 7/13

QUALIFICATION FOR FASTEST SECTION

Athletes will be awarded scores (based on the IAAF tables) for their performances in each of the first five meets. In events where we expect the highest demand (800 & 1500), athletes who have accrued the highest point totals in the first five meets will be given preference for a place in the fastest heats at the Series Final Only. **Athletes must have competed in at least three of the series events before the final for consideration in the Series Final.** Athletes who have more than three scores can drop the lowest one. Only the top three scores will be used for scoring purposes.