**Camp Checklist**

**Your Camp Registration is not considered complete until we have received the following:**

Georgia Camp Physical Form (Current within last 12 months)

**Packing List (suggested items)**

* Running shoes – two pair minimum
* Running socks – two pair per day
* Running clothes for up to 10 runs
* Clothes that can get dirty for the games and activities
* Casual Clothes
* Bathing suit
* Towels
* Toiletries
* Casual and extra activity clothes
* Twin XL bed linens (blanket) and pillow
* Hat, Sunscreen and bug spray
* Water bottle

Extra:

* GPS watch, runner’s watch
* Alarm Clock
* Jackets, sweatshirt, rain coat
* Flip Flops – shower shoes
* Flashlight
* Batteries
* Yoga mat & Foam roller
* Extra Snacks/sports drink