

Training Calendar

2018

January

- 1 - Training at Resolution Run – Piedmont Park
- 6 - Saturday practice for ITPGM (Half and Full) - Armour
- 20 - Saturday practice for ITPGM (Half and Full) - Armour
- 27 - Saturday practice for ITPGM (Half and Full) - Armour

February

- 3 - Saturday practice for ITPGM (Half and Full) - Armour
- 10 - Training at Hearts & Soles 5K - Decatur
- 17 - Training at Southside 10K & 15K - Armour
- 24 - Saturday practice for ITPGM (Half and Full) - Armour

March

- 3 - Saturday practice for ITPGM (Half and Full) - Armour
- 10 - Saturday practice for ITPGM (Half and Full) - Armour
- 18 - Training tent at Publix Georgia Marathon - Centennial Park

April

- 7 - 13 - Kick-off for In-Training for Peachtree
- 14 - Saturday practice for ITFP
- 21 - Saturday practice for ITFP
- 28 - Saturday practice for ITFP

May

- 5 - Saturday practice for ITFP
- 12 - Saturday practice for ITFP
- 19 - Saturday practice for ITFP
- 26 - Memorial Day Weekend - no practice

June

- 2 - Saturday practice for ITFP
- 9 - Saturday practice for ITFP /(Braves)

June

- 16 - Saturday practice for ITFP
- 23 - Saturday practice for ITFP
- 30 - Saturday practice for ITFP

July

- 4 - Training at AJC Peachtree Road Race

August

- 11 - Kick-off for In-Training for Thanksgiving Day Half
- 18 - Saturday practice for ITTDH - Armour
- 25 - Saturday practice for ITTDH - Armour

September

- 8 - Saturday practice for ITTDH - Armour
- 15 - Saturday practice for ITTDH - Armour
- 22 - Training at Wingfoot XC Classic - Cartersville
- 29 - Saturday practice for ITTDH - Armour

October

- 6 - Saturday practice for ITTDH - Armour
- 13 - Saturday practice for ITTDH - Armour
- 21 - Training at PNC Atlanta 10 Miler & 5K - Atlanta
- 27 - Saturday practice for ITTDH - Armour

November

- 3 - Saturday practice for ITTDH - Armour
- 10 - Kick-off for 2019 In-Training for Publix GA Marathon & Half Marathon
- 17 - Saturday practice for ITTDH - Armour
- 22 - Training at Thanksgiving Day Half Marathon - TBD