

January 2020 - Bob Wells

Congratulations to our December Volunteer of the Month, Bob Wells! Bob has been volunteering with Atlanta Track Club for the past 10 years. He helps with the Club's Midweek Runs, In-Training Programs, and office projects. He is always an enthusiastic volunteer spreading the joy and community of Running City USA wherever he goes.



Do you remember your first time volunteering with Atlanta Track Club? What brings you back?

Hmmm, I do not remember. If I had to guess, I would say the AJC Peachtree Road Race. As far as what brings we back again and again, volunteering is my way of expressing my gratitude and thankfulness for a sport and organization that has done so much for me, and countless others. Additionally, I love that volunteering with the Atlanta Track Club gives me the opportunity to support, encourage, motivate, and cheer for others.

Do you have a favorite Atlanta Track Club event?

Goodness. So many. If I have to pick one, it's the AJC Peachtree Road Race. Why? People who know me know I call July 4th Atlanta's Finest Day because of

the #AJCPRR. What's not to love about an event that brings out hundreds of thousands of people to celebrate all that's good in #RunningCityUSA?

What is your best memory from volunteering with Atlanta Track Club?

I would have to say all the beautiful people I've met and the resulting friendships.

Do you have a favorite volunteer assignment?

My favorite events are the youth events, particularly the Midweek Mile & Dash. Helping provide a safe running environment for the kids, cheering them on, encouraging and motivating them, and occasionally running with them is the best. I also think the youth events empower kids to believe in themselves. I love being part of that.

What do you do for a living?

Information Technology

Do you have any words of advice or wisdom for any new Atlanta Track Club volunteers?

With so many events and jobs to choose from, find a volunteer opportunity that makes your soul sing, and have fun!

Anything else you'd like us to know?

I am a published author and former magazine columnist. I also burned down the woods behind the house I grew up in when I was five years old while playing with matches. I should have been running. :)