

Places to Run

Off of I-75

Kennesaw Mountain

Distance: 1-11 miles round trip

Terrain: Trail

Parking: Varies by trail. Visitor center: 900 Kennesaw Mountain Dr, Marietta, GA 30060.

More information: <https://www.nps.gov/kemo/planyourvisit/maps.htm>.

Southtowne Trail

Distance: 3 miles round trip

Terrain: Paved

Notes: Trail located south of downtown

Parking and more information: <https://pathfoundation.org/trails/southtowne-trail/>

Off of I-85

Lullwater Park at Emory University

Distance: 2.4 miles round trip (option to add more)

Terrain: Trail and paved

Parking and more information: <http://www.atlantatrails.com/hiking-trails/lullwater-walking-running-trails-emory-university-atlanta/>

Suwanee Creek Greenway

Distance: 9 miles

Terrain: Paved

Parking: Trailhead at Suwanee Creek Park, 1170 Buford Highway

More information: <http://www.suwanee.com/cityservices.recreationparks.php>

Off of I-285 East

Stone Mountain Park Loop

Distance: 5 mile loop

Terrain: Paved walk and bike lanes

Parking: Anywhere in Stone Mountain Park

Notes: Park entrance fee is \$10/day or \$35/year

More information: <http://www.stonemountainpark.com/Activities/Recreation-Golf/Walk-Jog-or-Bike>

Stone Mountain Park Trails

Distance: Varies (Mountain Walk Up Trail: 1 mile)

Terrain: Varies

Parking: 1000 Robert E Lee Blvd, Stone Mountain, GA 30083

Notes: Park entrance fee is \$10/day or \$35/year

More information: <http://www.stonemountainpark.com/Activities/Recreation-Golf/Hiking-Trails>

Yellow River Park

Distance: One Mile Paved Loop

Distance: 12 mile trail (running, mountain biking, horseback)

Parking: 3232 Juhan Road, Stone Mountain 30087

More information:

<https://www.gwinnettcounty.com/portal/gwinnett/Departments/CommunityServices/ParksandRecreation/OurParksandFacilities/GuidetoYourParks/YellowRiverPark>

Nancy Creek PATH

Distance: 5.4 miles round trip

Parking: Murphey-Candler Park or Blackburn Park

Notes: Get in some trail running with a stop at the Marist XC course

More information: <https://pathfoundation.org/trails/nancy-creek/>

South Peachtree Creek Trail

Distance: 2.1 miles round trip

Terrain: Paved

Parking: Medlock Park or Mason Mill Rec Center

More information: <http://www.atlantatrails.com/atlanta-running-walking-trails/south-peachtree-creek-trail/>

285 West

Silver Comet

Distance: 61.5 miles one way

Terrain: Paved

Parking: Multiple locations. Trailhead: Mavel Road Trailhead

More information: <http://www.silvercometga.com/index.shtml>

Chattahoochee River National Recreation Area

Distance: 3.1 mile loop

Terrain: Crushed cinder

Parking: 168 Columns Dr, Marietta, GA 30067

OR Powers Island Unit: Interstate N Pkwy, Atlanta, GA 30339

Notes: Many miles of trails are also available, including a 9 mile loop from Cochran Shoals to Sope Creek. Daily use fee \$3 or year pass \$35.

More information: <https://www.nps.gov/chat/index.htm>

400

Big Creek Greenway

Distance: 8 miles one way

Terrain: Paved

Parking: Multiple access points in Alpharetta, Roswell and Forsyth Co.
More information: <http://www.bigcreekgreenway.com/index.php/maps/>

Riverside Park

Distance: Varies
Terrain: Paved, sidewalk
Parking: 575 Riverside Rd, Roswell, GA 30075
More information:

<http://www.roswellgov.com/Home/Components/FacilityDirectory/FacilityDirectory/58/1944>

Buckhead

Chastain Park

Distance: 3 mile loop
Terrain: Paved
Parking: Free street parking. 140 W Wieuca Rd NW, Atlanta, GA 30342
More information: <https://pathfoundation.org/>

Path400

Distance: 2.5 miles round trip
Terrain: Paved
Parking: Multiple access points
More information: <http://path400greenway.org/>

Midtown

Piedmont Park

Distance: Varies
Terrain: Varies
Parking: Legal street parking or SAGE parking deck: 1345 Piedmont Ave NE, Atlanta, GA 30309

Notes: The Active Oval is a popular 800m crushed cinder loop, accessed at the 14th Street entrance. There are also many paved paths through the park, and you can easily access the Eastside BeltLine.

More information: <http://www.piedmontpark.org/>

Eastside BeltLine

Distance: 4 miles round trip
Terrain: Paved
Parking: Multiple access points with legal street parking
More information: <http://beltline.org/>

West Atlanta

Northside Beltline:

Distance: One Mile
Terrain: Paved

Parking: Tanyard Creek Park or legal street parking
More information: <http://beltline.org/trails/northside-trail/>

Whetstone Creek Trail

Distance: 1.4 miles
Terrain: Paved
Parking: Legal street parking
More information: <https://www.traillink.com/trail/whetstone-creek-trail/>

East Atlanta

Stone Mountain PATH

Distance: 19 miles one way
Terrain: Paved
Parking: Multiple access points
More information: <https://pathfoundation.org/trails/stone-mountain/>

I-20 East

Arabia Mountain Path

Distance: 33 miles total
Terrain: Paved
Parking: Multiple access points, including: 3787 Klondike Road and 4158 Klondike Road
Notes: Loops to Panola Mountain
More information: <https://pathfoundation.org/trails/trail-descriptions>

Olde Town Conyers Trail

Distance: 8 miles, round trip
Terrain: Paved
Parking: Multiple access points
More information: <https://pathfoundation.org/2011/09/olde-town-conyers-trail/>

20 West

Sweetwater Creek State Park

Distance: Multiple trails, ranging 2 – 5 miles
Terrain: Trail
Parking: 1750 Mt Vernon Rd, Lithia Springs, GA 30122
More information: <http://www.gastateparks.org/swc-trails>

West End BeltLine trail

Distance: 2.4 miles, one way
Terrain: Paved
Parking: Multiple access points
More information: <http://beltline.org/trails/west-end-trail/>