

introducing



Wellness 4 Uth Fitness Program
(Ages 6-18)

Get Moving!

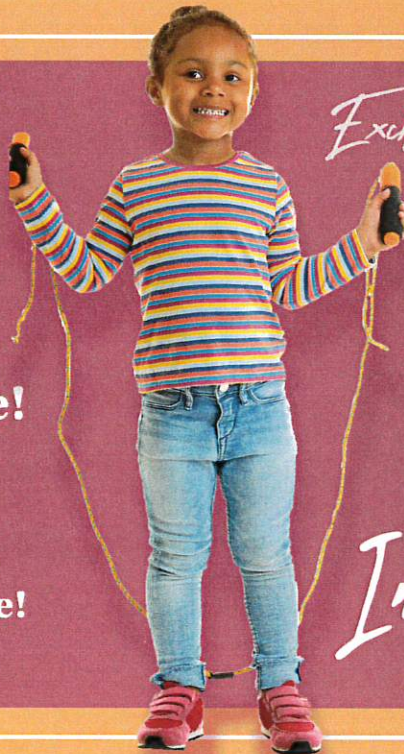
*Exchange the TV remote
for a jump rope.*

You are not alone!

*Like what
you see when
you see you!*

*We care &
will be there!*

*Increase self-esteem &
self-confidence!*



**Call 404.720.5652 for more
information & registration**

FREE!



in partnership with

