



Loaves & Fishes Kitchen Meals

MUST Ministries Elizabeth Inn Campus 55 Elizabeth Church Road, Marietta, Building #200

The Loaves & Fishes Kitchen serves the residents of the Elizabeth Inn as well as serving weekday lunches to anyone in the community who finds themselves in need of a meal. Each meal is purchased, prepared and served by volunteer groups of 4-15 volunteers.

Loaves & Fishes Meal Guidelines

Meal	Serving Time	Volunteer Arrival Time	Anticipated Guests
Breakfast	6:30 am	5:30 am -5:45 am	64-70
Lunch (Weekday)	12:00 pm	10 am –11:15 am	100-125 *
Lunch (Weekend)	12:00 pm	10 am—11:15 am	45-60
Dinner	7:00 pm	6:15 pm	64-70

* Weekday lunches are open to anyone in the community who finds themselves in need of a meal. For many of our weekday lunch guests, this will be their only meal of the day. Spaghetti, lasagna, hot dogs, and green beans are the most frequently served meals at weekday lunches. Your effort to provide variety from these menus is greatly appreciated! This number allows for guests (about 95% of the servings) as well as Community Service Workers, Volunteers, and Staff that are on duty and unable to leave the campus for lunch.

Helpful Tips:

- **CALL IF YOU ARE RUNNING LATE (678-218-4535)** Our staff will begin preparing a meal 45 minutes before serving time if we do not hear from you.
- **WE PROVIDE UTENSILS, CONDIMENTS, AND CAFETERIA TRAYS.** You will need to provide bowls if your meal requires them.
- **WE HAVE BEVERAGE URNS.** Suggested beverages include iced tea and lemonade.
- **GUESTS ARE NOT PERMITTED TO TAKE FOOD OUT OF THE KITCHEN.** If seconds are available, they may have seconds after announcements.

Youth Group Requirements:

- **ALL YOUTH UNDER 18 MUST HAVE A YOUTH RELEASE FORM SIGNED BY PARENT PRIOR TO VOLUNTEERING WITH MUST**
- Youth must be 16+ to work in the kitchen
- Youth 10-15 may help serve in the dining room area
- A ratio of one adult for every seven youth is required.
- Unfortunately, MUST is unable to accommodate children under the age of 10 for onsite volunteer projects.

SCHEDULE YOUR MEAL

Contact **Lavon Minns** to schedule your group to provide a meal!

iminns@mustministries.org
678-218-4535



LAST YEAR...

MUST provided nearly 100,000 meals to our neighbors in need by serving 3 meals a day, 7 days a week, 365 days a year....each meal was provided by volunteers.