# Building Hygiene Kits

## Individual Size

- Place in a quart-sized bag:
  - 2-3 small shampoo bottles
  - 2 small conditioner bottles
  - 1 comb/hairbrush
  - 1 small deodorant stick
  - 2-3 small soap or body wash
  - Small toothpaste tube
  - 1 toothbrush

## Family Size

- Place in a gallon-sized bag:
  - 1 full size shampoo bottle
  - 1 full size conditioner bottle
  - 2 combs/hairbrushes
  - 1-2 deodorant sticks
  - 1 full size bar of soap
  - 1 full size toothpaste tube
  - 4 toothbrushes

## The Following Items are Also Welcome

- Hair care products
- Skin care products
- Make-up
- Perfume & cologne
- Nail care products
- Mini sewing kits
- Dental hygiene products
- Baby products & diapers
- Socks (unopened)
- Underwear (unopened)
- Bras
- Blankets
- Wash cloths
- Bath & hand towels
- Bed sheet sets
- Adult diapers/bed pads
- Feminine hygiene products
- First aid kits
- Lotion
- Body wash

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