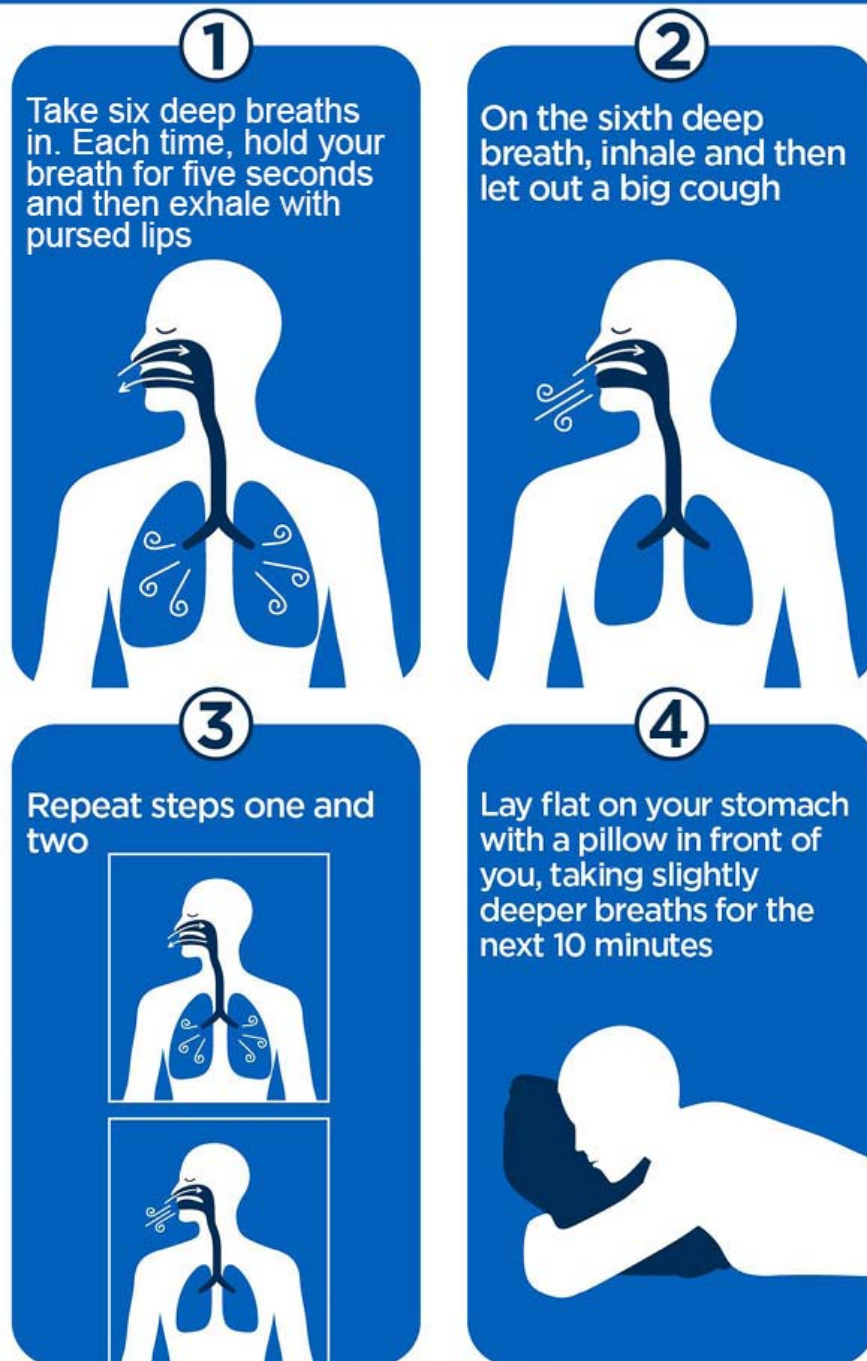


Breathing Technique

For those suffering from COVID-19

The new coronavirus causes a respiratory infection that can make it difficult to breathe. This breathing technique can help increase oxygen flow to the lungs:



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