



## After My Presby-Fix™ Procedure

### What to Expect after Presby-Fix™

- Discomfort varies from patient to patient
- Most common complaints are **scratchiness, dull ache in eye, headache, burning, stinging, tearing, runny nose, redness and light sensitivity**
- Your vision is expected to be **cloudy, foggy, and/or blurry** on the first day
- Your pupil may be **dilated** or **constricted** on the first day and for several days

### Is It an Emergency? **770-394-4000**

\* Option 7

Call the office if you experience:

- Deep, boring pain in the eye that is not improved with pain medication
- Nausea and/or vomiting
- Appearance of dense, floating specks
- Bright flashes of light
- “Curtain” effect off to the side
- Sudden, dramatic change in your vision

### What to Do after Presby-Fix™

- Resume your regular diet
- Rest the remainder of the day
- You may watch television, read and use the computer
- Wear the **eye shield** all day today and tonight
- Use **lubricating eye drops 4 times a day and** when needed for scratchiness for several weeks. Chilling drops may be very helpful.
- Take over the counter **Acetaminophen** or **Ibuprofen** for mild discomfort
- If discomfort persists, take one tablet of **Hydrocodone** with food every four hours as needed for pain; then take a nap
- Take **Dalmane** as needed for sleep at bedtime
- **Showers only** for two weeks (no pools, hot tubs, lakes, etc.) beginning tomorrow
- **Eye makeup** may begin in four days
- **No rubbing** or **scratching** eye for 3 months
- **One Day Post-op Appointment:** \_\_\_\_\_

## Presby-Fix™ Eye Drop Instructions

Wash hands before administering drops. Wait at least one minute between each drop!

### Begin Directly After Surgery

|  |  |   |
|--|--|---|
| <p><b>Refresh Optive</b><br/><i>Preservative-Free</i></p>   | <p><b>Generic Polytrim</b><br/><i>Trimethoprim Sulfate &amp; Polymyxin B Sulfate</i></p>  | <p><b>Prednisolone Acetate</b></p>  <p><b>SHAKE<br/>BOTTLE</b></p>   |
| <p><b>1 drop hourly</b> for 7 days<br/>(while awake only)</p>  | <p><b>1 drop 4 times a day</b><br/>(Breakfast, Lunch, Dinner, Bedtime)</p>   | <p><b>1 drop 4 times a day</b><br/>(Breakfast, Lunch, Dinner, Bedtime)</p>  |
| <p> <b>on Day 7</b></p>   | <p> <b>on Day 7</b></p>   | <p> <b>on Day 15</b></p>  |
| <p>↓</p>   | <p>↓</p>   | <p>↓</p>  |
| <p><b>Start on Day 8</b></p>   | <p><b>Start on Day 8</b></p>   | <p><b>Start on Day 16</b></p>   |
| <p><b>Blink Lubricating Drops</b></p>   | <p><b>HydroEye (Pill Form)</b></p>    | <p><b>Fluoromethelone/ FML</b></p>   |
| <p><i>2<sup>nd</sup> Week:</i> <b>1 drop every 2 hours</b> (while awake only)</p> <p><i>3<sup>rd</sup> - 12<sup>th</sup> Week:</i> <b>1 drop 4 times a day</b><br/>(Breakfast, Lunch, Dinner, Bedtime)</p> | <p><b>1 pill 2 times a day</b><br/>(Morning, Evening)</p>  | <p><i>3<sup>rd</sup> - 4<sup>th</sup> Week:</i> <b>1 drop 4 times a day</b><br/>(Breakfast, Lunch, Dinner, Bedtime)</p> <p><i>2<sup>nd</sup> Month:</i> <b>1 drop 3 times a day</b><br/>(Breakfast, Lunch, Dinner)</p> <p><i>3<sup>rd</sup> Month:</i> <b>1 drop 2 times a day</b><br/>(Morning, Evening)</p> |
| <p><b>Use until directed otherwise.</b></p>  | <p><b>Continue until bottle is finished.</b></p>   | <p> <b>after 90 days</b></p>   |

**Use drops in operated eye ONLY!**