

Eye Drop Instructions

Wash hands before administering drops. Wait at least one minute between each drop!

	Generic Polytrim 	Prednisolone Acetate (SHAKE BOTTLE) 	Lubricating Drops 
Immediately after surgery	YES	YES	At least 3-4 times a day and as needed
Tomorrow and until your first post-op visit	4 times a day for 6 days Breakfast, Lunch, Dinner, Bedtime	ONCE daily until bandage contact lens is removed	3-4 times a day and as needed
When the bandage contact lens is removed by the doctor	Continue as directed	Use Tapering Schedule over the next 32 days: 4x/day for 8 days, 3x/day for 8 days, 2x/day for 8 days, 1x/day for 8 days, then discontinue Prednisolone Acetate	3-4 times a day and as needed for the next several months



Polytrim is an antibiotic medication for the eye.



Prednisolone is a steroidal anti-inflammatory medication for the eye.

After My PRK or PTK Surgery

What to Expect after Surgery

- Discomfort varies from patient to patient
- The most common complaints are **burning, stinging, tearing, scratchiness, runny nose, dull ache in the eye, headache, redness, and, light sensitivity**
- Your vision is expected to be **cloudy, foggy, or blurry** for several days. Your vision will improve once the bandage contact lens has been removed.

Is It an Emergency? **770-394-4000**

Call the office if you experience:

- Deep, boring pain in the eye that is not improved with pain medication
- Nausea and/or vomiting
- Appearance of dense, floating specks
- Bright flashes of light
- "Curtain" effect off to the side of vision
- Sudden, dramatic change in your vision

What to Do after PRK Surgery

- Resume your regular **diet**
- Take a **nap** or close your eyes for at least 3-4 hours after surgery
- You may watch television, read and use the computer
- Do not remove the **bandage contact lens**
- Wear the **eye shield** all day today and then for three nights
- Use **lubricating eye drops** when needed for scratchiness
- Use **ice pack** for discomfort
- **Chilling your eye drops** before instilling is helpful
- Take one tablet of **Hydrocodone** with food in 30 minutes if you did not take one in the clinic. Take a second Hydrocodone in 4 hours if needed
- Take over the counter **Acetaminophen** or **Ibuprofen** as needed for mild discomfort
- Take **Dalmane** as needed for sleep at bedtime
- **Take showers only** for two weeks (no baths, pools, hot tubs, lakes, etc.) beginning tomorrow
- **Eye makeup** may begin in four days
- **Exercise** is permitted tomorrow; avoid perspiration in the eyes if possible
- **No rubbing or scratching** eye for 3-4 months
- **Next Post-Op Appointment:** _____